BACK STRAIGHTENER

Code: KS-FS-019

Physical

Cardio

Strenght

Description

The Back Straightener outdoor gym device stretches the muscles of the back, abdomen and legs. Improves body flexibility and the functioning of the cardiopulmonary system.What sets us apart from others is that the backrest is covered by polyurethane foam (PU system). As a result users never have a feeling of hot touch during very sunny days, or cold during frost.

To do the exercise put your feet on the steps and crossed hands put on the chest. Support calves on the bar over the steps. Slowly perform the leaning.

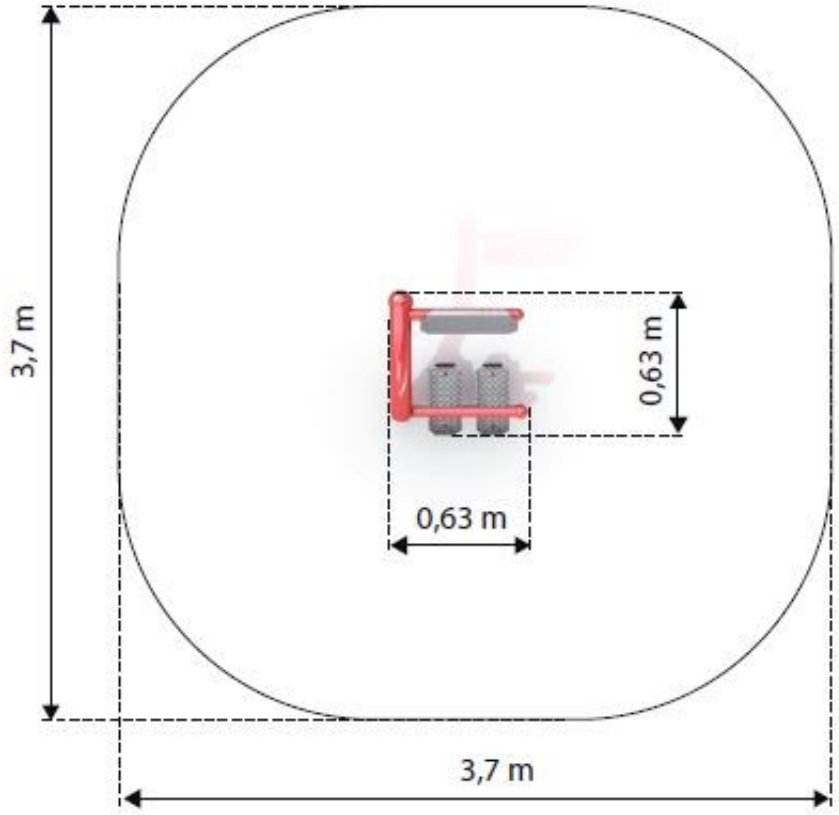
Product details

- Dimensions (LxWxH): 0,63 x 0,63 x 0,82 m
- Safety zone: 3,7 x 3,7 m
- The number of anchors: 1
- Compatibility with norm EN 16630 confirmed with the certificate
- Can be painted in any colour from the RAL palette

Materials

- Construction is made of powder-painted steel protected against corrosion.
- Steps are made of aluminium.
- Handles are made of pipe ended with rounded decorative elements and profiled to ensure ergonomics and user safety.
- Construction is welded and has no plastic ends except for bearing connections where it is possible to maintain/repair.
- The device is mounted on a supporting pole, that is attached to the ground by the flange.

- The flange is screwed with M16 screws into an anchor fixed in the concrete. Anchoring nuts are secured against unscrewing.

Differences in dimensions no more than +/- 5% are acceptable.

All images are for illustration purpose only and may vary from the actual product.